

FUTURE ACTION

health education solutions

TRAUMA INFORMED FRONTLINE EDUCATORS TRAINING COURSE BROCHURE

THE PROBLEM

- In the wake of the post-lockdown education world, both educators and students are facing unprecedented challenges.
- Behavioural Challenges: Many children are experiencing difficulties in managing their behaviour, which disrupts the learning environment and affects their academic progress.
- **♦ Poor Attendance:** Attendance rates have plummeted as students struggle with various factors, including disengagement, lack of motivation, and personal challenges exacerbated by the pandemic.
- **Low Engagement:** Students are finding it challenging to engage with learning, whether due to distractions at home, emotional turmoil, or a general sense of disconnect from the educational process.
- Teacher Wellbeing: Many educators are grappling with their own sense of efficacy in the classroom. The shift to remote and hybrid learning models, coupled with the added responsibilities and stressors of teaching during a pandemic, has taken a toll on their mental and emotional wellbeing.







Introduction

WELCOME!

Hello and welcome to our Trauma Informed Frontline Educators Teacher Training Course.

My name is Neil Moggan and I can't wait to work in partnership with you to help transform the lives of your young people.

Click on the video below and let's get started.



THE SOLUTION

We have developed an online teacher training course that promises to equip you with the knowledge, strategies, and tools to effectively integrate trauma-informed practices within your education setting.

We will guide you through a 7-step process to transform relationships, wellbeing, engagement, behaviour, attendance, and progress within 90 days and your children's life chances in the long term.

We appreciate that your time is precious, so we have intentionally created this **3 hour course** to meet the needs of your busy schedule and location, wherever you are in the world.



OUR COURSE WILL HELP YOU:

- * Understand How Trauma-Informed Teaching Can Transform Your Children's Life Chances: Understand how a trauma-informed approach can enhance student wellbeing, engagement, behaviour, attendance, and academic progress both in the short term and the long term.
- Oevelop Your Adverse Childhood Experiences (ACEs) Knowledge: Gain insights into ACEs, the evidence base, and the 8 protective factors.
- Build Psychological Safety: Learn practical strategies to create an environment where your young people feel safe, both in the classroom and throughout the school community.
- Build Quality Relationships: Discover how to foster meaningful connections with your students to unlock their full potential and enhance your other pedagogies.

OUR COURSE WILL HELP YOU:

- Navigate Challenging Behaviours with Compassion and Accountability: Explore approaches to address behaviours that challenge us without retraumatising our young people, while maintaining the high standards we all want and need.
- Lilise Movement and Play Wrapped in Care: Explore techniques to utilise movement and play in a nurturing environment to regulate our young people, foster creativity, and promote mental wellbeing.
- Cultivate A Supportive Community: Join a vibrant and supportive community of educators who share your passion for trauma-informed teaching.





THE RESPECT ROADMAP

A 7 step process to guide frontline teachers how to implement trauma informed practice to transform relationships, wellbeing, engagement, behaviour & progress within 90 days, and children's life chances in the long term.

STAGE 3 Impact

STAGE 2 Implementation



STAGE 1
Approach



COURSE CONTENT

STAGE 1
Approach





Stage One – is called 'Approach' and informs colleagues about the evidence base behind the decline in engagement, attendance, behaviour, and progress in a post-lockdown education world. Stage One covers Step One and Step Two.

'Relationships' is Step One and focuses on what a trauma-informed approach is, what Adverse Childhood Experiences are, and how this affects children in the classroom at the moment and their life chances, based on the ACEs studies.

Step Two is a story of hope and how 'Emotionally Available Adults' and the eight protective factors can break the cycle through the power of relationships. We clarify the role of the frontline educator in supporting young people recovering from trauma so colleagues know what their role is and is not.

COURSE CONTENT

STAGE 2 Implementation



Stage Two is called 'Implementation' and is all about how we go about implementing a trauma-informed approach within Education.

Step Three guides colleagues on how to create psychological safety for our young people through the use of 'Visuals and Vocals' to transform relationships and enhance their engagement by triggering their social engagement system.

Step Four looks at how we can support children's neurodevelopment and relationships through the power of play. We then explore how we can use physical activity to broaden our children's window of tolerance and access their pre-frontal cortex so that they feel calmer and make better decisions. We guide teachers how to use inclusive teams to develop a sense of belonging for young people and to help them feel loved.

In Step Five, 'Empathy', we guide colleagues on how to manage challenging behaviour in a compassionate way that does not retraumatise our youngsters but maintains high standards so that colleagues achieve the outcomes they need and want for effective teaching.

COURSE CONTENT





Stage Three is called 'Impact' and is about how we can have a broader impact across our school and wider society. It covers Step Six and Step Seven.

Step Six is called 'Cross Curricular' and looks at the different ways Frontline Educators can have a wider whole-school impact using a trauma-informed approach.

In our final Step, 'Together', we explain some key points that colleagues need to know when supporting young people suffering from trauma and share our formula for a transformational Frontline Educator in a post-lockdown education world.



PROOF OF SUCCESS:

Our Trauma Informed Frontline Educators Teacher Training Course is led by Neil Moggan, an experienced Director of Sport, Health and RSHE who has witnessed first hand the incredible impact of trauma informed approaches.

Neil is a TISUK trauma informed practitioner who **implemented this approach in a challenging inner-city school**, resulting in remarkable **improvements in relationships** with young people, especially those facing significant challenges in a post-lockdown education world.

Through the implementation of trauma informed practices, Neil saw a drastic **reduction in send-outs by 95%** in just one term.



PROOF OF SUCCESS:

This shift **created a safe and supportive environment** where **students felt understood and valued**, leading to **increased engagement** and a significant boost in progress and attendance.

In particular, Neil's most challenging students in his exam groups, experienced a remarkable increase in their predicted results by **2.5 grades**. Their **attendance also improved by 5%** demonstrating the power of trauma informed practices in **positively impacting academic outcomes**.

Not only did his young people benefit, but Neil himself experienced **a renewed sense of joy and fulfilment** in his teaching. From road testing various techniques and approaches in his school, Neil created our Respect Roadmap to guide you how to implement trauma informed practice in your education setting in 7 steps.

TESTIMONIALS

Here are testimonials from brilliant educators who have witnessed the transformative impact of our Trauma Informed approach:

"Informative and engaging session on Trauma Informed Practice. Every teacher in the country needs to hear this message at the moment. Lots to take away and reflect on." - Lee Sullivan, Subject Leader at Upton Court Grammar and author of 'Is PE in Crisis?'

"Thoroughly enjoyed your Trauma Informed workshop Neil. Can see why you win kids over. Such a calming and friendly aura. Thank you for sharing your expertise." - Matthew Trowbridge, Director of Learning, Aberdare Community School

"The course has made me reflect seriously on my interactions with pupils and how I can make these more positive for us both." - James Kemp, Subject Leader at Diss High School

"Friendly delivery and great resources." - Julie Shaw, Head of Year at Aylsham High School

"The information from this course will help immensely as we're a PRU and all students have ACE scores. These tips will definitely support our team when delivering theory sessions and also to students who do not love our subject as much." - Nicola Gordon, Class Teacher at Newhaven School

"Neil was a fantastic speaker and kept me engaged, relating to his own experiences was brilliant." - Joe Spellman, Teaching Assistant at Bank View School

We have a wide range of case studies and impact reports on our website from schools and councils who have trusted us to partner with them to create fantastic outcomes for their young people. Go to https://www.futureaction.net/blog for more info.

TRAUMA INFORMED FRONTLINE EDUCATORS COURSE PACKAGES

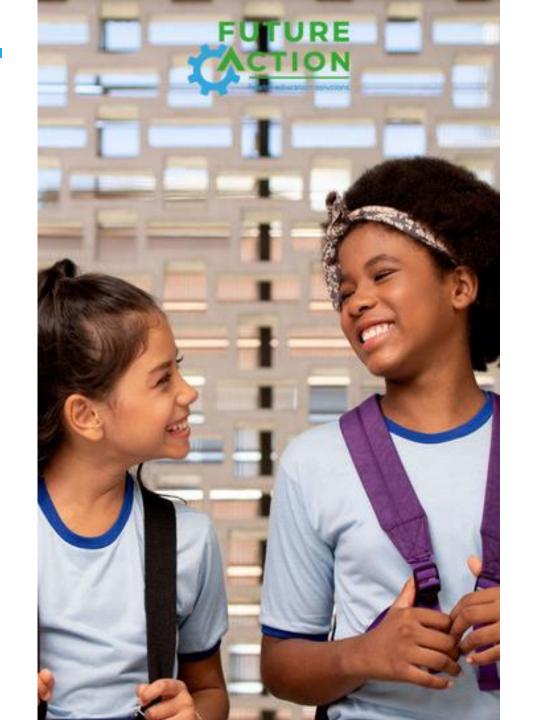
PACKAGE FEATURES	BRONZE	SILVER	GOLD
Number of personal logins to our 'Trauma Informed Frontline Educators' online training course for a year.	1	Unlimited per setting	Unlimited per setting
Number of online consultations to personalise implementation	1	3	Unlimited per setting
Reflective tasks and editable resources			⊘
Unlimited access to 'RISE Up' early intervention mental wellbeing and 'Trauma Informed PE' training courses for a year	× ×	×	⊘
3 days of in-person staff training and support	⊗	×	



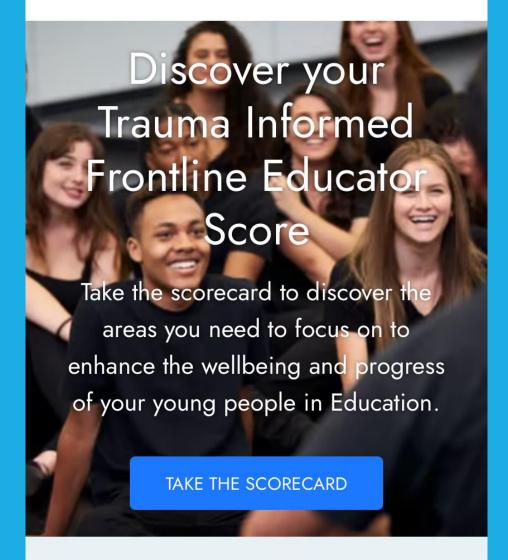


MONEY BACK GUARANTEE

- The last thing we want to do is take vital money from your school budget without providing fantastic value to you, your colleagues and your young people.
- We are so confident in the effectiveness of our programme, which
 is why we offer a no questions asked money-back guarantee.
- If the course does not improve your current situation or meet your expectations, we will refund your payment in full.







TASTER RESOURCES FOR YOU

We have created a 'Trauma Informed Frontline Educators
Scorecard' to help you recognise your strengths and help you
recognise opportunities to develop your practice. You will receive
a personalised report within 24 hours.

You can try our taster 'Trauma Informed Frontline Educator' course to experience a sample of our content and develop your understanding of childhood trauma.

How it works

Answer 23 simple questions to see how

SOURCES OF FUNDING

As well as the usual sources, headteachers we have partnered with have accessed funding from the following sources to provide this programme to their school community:

- Pupil Premium funding
- Opportunity Area funding
- Trust funding
- Council virtual schools





ORDERING PROCESS

If you would like to build a partnership with us to drive school improvement then the process is as follows:

- [1] Confirm you want to go ahead and we will e-mail over an invoice.
- [2] Once payment is received we will require e-mail addresses, first names and surnames of every member of staff you want to access the course.
- [3] We will get your staff set up asap with their unique login to the course so that they can complete the course wherever and whenever suits them throughout the year, saving the school considerable amounts on cover costs.

ABOUT US – DESIGNED BY TEACHERS FOR TEACHERS

- Our vision is: 'to guide 15,000 teachers around the world to transform the life chances of their young people.'
- Our founder is a former Director of Sport, Health & RSHE, with over 19 years experience of teaching and leading.
- All of our resources have been used successfully in the classroom to deliver maximum impact.
- We pride ourselves on providing proactive, practical strategies that enable your staff and students to have maximum impact immediately.
- We have won numerous awards for our cutting edge work in schools.
- We welcome the opportunity to work in partnership with you and be your trusted guide.

Get in touch today

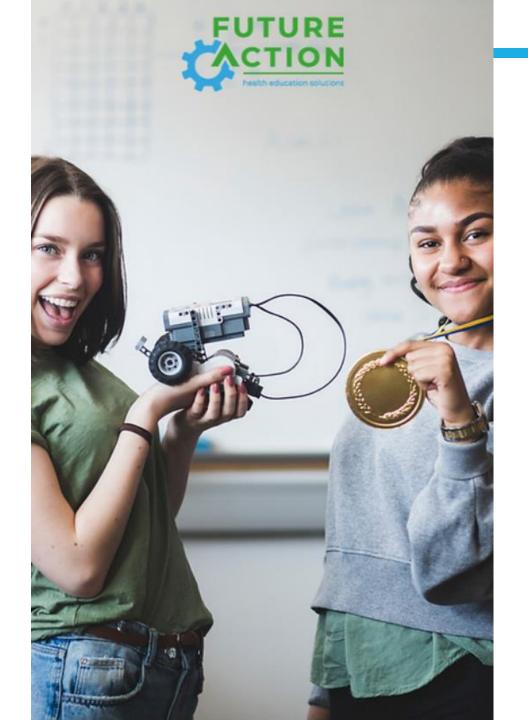
FUTURE CTION

health education solutions

Neil Moggan - Founder of Future Action

www.futureaction.co.uk





THANK YOU

We appreciate that you are incredibly busy so thank you for taking the time to explore our programme in more detail.

We would love to partner with you and your school.

Don't miss this opportunity to unlock your and your colleagues' potential.

Give them the skills to become a transformative frontline educator creating a future where every young person can thrive now and in the long term.

Together, let's make a difference!